

Child and Babysitting Safety (CABS)

A course for building a safe and successful babysitting business

ASHI's Child and Babysitting Safety (CABS) gives teenagers everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, caregiving and first aid tips, the magazine-format CABS guide makes learning fun.

Course Highlights

- Babysitting as a business
- Safety and injury prevention
- Leadership
- Play time tips
- Basic caregiving skills
- First aid

Course Topics Include

- Job information sheet
- Help the parents get to know you
- What to cover before the parents leave
- Negotiations and conflict resolution
- Setting boundaries
- Feeding infants and children
- Diapering
- Infant safe sleep practices
- Telephone safety
- SIDS awareness
- Keeping kids entertained and active
- Staying involved
- Bringing your own toys
- Recognizing an emergency
- Cuts and scrapes
- Caring for burns
- Choking

