

# Basic Life Support (BLS)

This expert-level program helps keep healthcare professionals prepared and ready to respond as they encounter life-threatening emergencies, provide basic life support and respond to choking incidents. ASHI's *Basic Life Support, BLS for Healthcare Providers and Professional Rescuers* conforms to the 2015 AHA Guidelines Update for CPR and ECC. It has been approved for training for Emergency Medical Services personnel and is accepted by the National Registry of Emergency Medical Technicians (NREMT). The program is also CAPCE approved and widely accepted in more than 150 healthcare-related occupations.

## Course highlights

- Designed for individuals in the healthcare or professional rescuer field that are required to have professional-level basic life support training
- Real-life scenario videos, full-color printed materials and clear, concise course content
- 2-year certification
- 4-5 hour class includes plenty of time for skills practice
- Classroom or blended learning options available

## Course topics include:

- Sudden Cardiac Arrest
- Secondary Cardiac Arrest
- High-Performance CPR
- Chest Compressions
- Rescue Breaths
- Automated External Defibrillation
- BLS Assessment
- Caring for Respiratory Arrest
- Choking

