

Basic First Aid

ASHI *Basic First Aid* was created to help students develop basic first aid knowledge, skills and the confidence to respond. The program is an excellent choice for both the community and workplace setting, and conforms to the 2015 AHA and ARC Guidelines Update for First Aid.

Course highlights

- Designed for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in basic emergency medical care.
- Real-life scenario videos, full-color printed materials and clear, concise course content
- 2-year certification
- 2.5-3 hour class includes plenty of time for skills practice
- Classroom or blended learning options available

Class topics include:

- Response preparation
- Recognizing an emergency
- Consent
- Patient assessment
- Bleeding control
- Injuries, shock and poisoning
- Common first aid situations—bites and stings, heat and cold emergencies, burns and more

